

30 Trofeo Podistico SOMS

Classifica Assoluta

01/05/2019

Ordine	Categoria	Cognome	Nome	Societa	Tempo tot	Media m/km	Ritardo	Sesso
Percorso Lungo								
1	SM	Barbuscio	Marco	Marathon CS	00:00:27:37.525	3.270		
2	SM35	Curcio	Salvatore	Libertas Atl. Lamezia	00:00:28:24.269	3.330	00:00:46.743	
3	SM35	Maggisano	Antonio	Libertas Atl. Lamezia	00:00:28:30.768	3.330	00:00:53.242	
4	SM	Selvaggi	Leonardo	Pol. Magna Grecia ASD Cassano	00:00:29:25.001	3.400	00:01:47.475	
5	SM40	Focà	Domenico	Cosenza K42	00:00:29:52.997	3.440	00:02:15.471	
6	SM50	Imbrogno	Luigi	Cosenza K42	00:00:30:06.505	3.450	00:02:28.980	
7	SM35	Gaudioso	Giuseppe	Running Palmi	00:00:30:16.504	3.470	00:02:38.978	
8	SM35	Ruggia	Luigi	Podisti Locri	00:00:30:23.752	3.470	00:02:46.226	
9	SM50	Cristiano	Antonio	Libertas Atl. Lamezia	00:00:30:26.993	3.480	00:02:49.467	
10	SM50	Guzzo	Antonio	Libertas Atl. Lamezia	00:00:30:40.000	3.500	00:03:02.474	
11	SF40	De Leo	Palma	Caivano Runners	00:00:31:05.997	3.530	00:03:28.471	
12	SM55	Branecatelli	Federico	Libertas Atl. Lamezia	00:00:31:42.242	3.570	00:04:04.716	
13	SF	Paone	Francesca	Hobby Marathon	00:00:31:46.241	3.580	00:04:08.715	
14	SM40	Paino	Domenico	Corri Con Noi Palmi	00:00:31:48.491	3.580	00:04:10.965	
15	SM50	Mucciola	Fabio	Aletica Barbars	00:00:31:59.989	4.000	00:04:22.463	
16	SM45	Basile	Nicola	Podisti Locri	00:00:32:10.088	4.010	00:04:32.562	
17	SM45	Caccamo	Alessandro	Podisti Locri	00:00:32:15.087	4.010	00:04:37.561	
18	SM40	Romeo	Salvatore	Aletica Barbars	00:00:32:17.237	4.020	00:04:39.711	
19	SM45	Pungitore	Roberto	Aletica Sciuto	00:00:32:26.496	4.030	00:04:48.971	
20	SM40	Saffioti	Antonio	Running Palmi	00:00:32:39.234	4.040	00:05:01.708	
21	SM45	Sposari	Sergio	Aletica Sciuto	00:00:32:40.734	4.050	00:05:03.208	
22	AM	Napoli	Gianluca	Jonica Runnig	00:00:32:40.974	4.050	00:05:03.448	
23	SM35	Romeo	Gianluca	Aletica Barbars	00:00:32:45.983	4.050	00:05:08.457	
24	SM60	Bernardi	Giancarlo	Libertas Atl. Lamezia	00:00:32:52.732	4.060	00:05:15.206	
25	SM55	Lumicisi	Vincenzo	Violetta Club	00:00:32:57.231	4.070	00:05:19.705	
26	SM50	Pratico	Demetrio	Aletica Sciuto	00:00:32:57.429	4.070	00:05:19.903	
27	SM55	Solano	Francesco	Running Palmi	00:00:33:19.478	4.090	00:05:41.952	
28	SM60	Isabella	Carlo Luigi	Libertas Atl. Lamezia	00:00:33:31.727	4.110	00:05:54.201	
29	SF40	Arco	Caterina	Aletica Barbars	00:00:33:32.077	4.110	00:05:54.551	
30	SM45	Filippone	Michele	Running Palmi	00:00:33:35.077	4.110	00:05:57.551	
31	JUN_M	Schipilliti	Antonio	Aletica Barbars	00:00:33:36.726	4.120	00:05:59.201	
32	SM40	Contarese	Antonio	Aletica Vibo Valentia	00:00:33:39.725	4.120	00:06:02.199	
33	SM35	Rodà	Filippo	Aletica Sciuto	00:00:34:02.963	4.150	00:06:25.437	
34	SM45	Gelsomino	Graziano	Podisti Locri	00:00:34:07.722	4.150	00:06:30.196	
35	SM45	Italiano	Giuseppe	Running Palmi	00:00:34:16.721	4.170	00:06:39.195	
36	SM45	Russo	Stefano	Aletica Barbars	00:00:34:22.661	4.170	00:06:45.135	
37	SM45	Critelli	Rinaldo	Libertas Atl. Lamezia	00:00:34:25.720	4.180	00:06:48.194	
38	SM40	Licci	Alessio	Aletica Vibo Valentia	00:00:34:31.469	4.180	00:06:53.943	
39	SM50	Parrello	Giuseppe	Running Palmi	00:00:34:33.218	4.190	00:06:55.692	
40	SM55	Scarcella	Ruggero	Violetta Club	00:00:34:38.468	4.190	00:07:00.942	
41	SM50	Scerbo	Luciano	Violetta Club	00:00:34:47.466	4.200	00:07:09.940	
42	SM35	Salimonti	Giuseppe	Marathon CS	00:00:34:55.215	4.210	00:07:17.690	
43	SM45	Perrone	Gianfranco	Aletica Barbars	00:00:35:02.714	4.220	00:07:25.188	
44	SM55	Muscolo	Attilio	Podisti Locri	00:00:35:04.954	4.230	00:07:27.429	
45	SF45	Saffioti	Concetta	Corri Con Noi Palmi	00:00:35:06.954	4.230	00:07:29.429	
46	SM40	Mazzitello	Giuseppe	Aletica San Costantino	00:00:35:14.723	4.240	00:07:37.197	
47	SM45	Critelli	Elvidio	Libertas Atl. Lamezia	00:00:35:19.212	4.240	00:07:41.686	
48	SM35	Macrì	Antonio	Podisti Locri	00:00:35:23.961	4.250	00:07:46.435	
49	SM55	Villella	Vincenzo	Libertas Atl. Lamezia	00:00:35:25.961	4.250	00:07:48.435	
50	SM40	Proia	Vincenzo	Aletica Vibo Valentia	00:00:35:33.210	4.260	00:07:55.684	

Ordine	Categoria	Cognome	Nome	Societa	Tempo tot	Media m/km	Ritardo	Sesso
51	SM50	Lococo	Italo Rocco	Atletica San Costantino	00:00:35:45.708	4.280	00:08:08.182	
52	SM45	Catanese	Alessandro	Atletica Vibo Valentia	00:00:35:48.208	4.280	00:08:10.682	
53	SM35	Lo Faro	Antonino	Atletica Barbars	00:00:35:49.708	4.280	00:08:12.182	
54	SM55	Coppa	Gennaro	Atl. Gioia Tauro	00:00:35:57.707	4.290	00:08:20.181	
55	SM60	Zarola	Antonio	Libertas Atl. Lamezia	00:00:36:10.946	4.310	00:08:33.420	
56	SM40	Ierace	Orlando	Runcard RC	00:00:36:17.454	4.320	00:08:39.929	
57	AM	Verteramo	Bernardo	Zagara	00:00:36:21.704	4.320	00:08:44.179	
58	SM60	Calluso	Francesco	Violetta Club	00:00:36:31.703	4.330	00:08:54.177	
59	SF45	Ciccione	Rosa	Atletica Sciuto	00:00:36:34.052	4.340	00:08:56.527	
60	AM	Nasr Allah	Youssef	Zagara	00:00:36:45.700	4.350	00:09:08.174	
61	SM40	Piccolo	Roberto	Podisti Locri	00:00:36:50.449	4.360	00:09:12.923	
62	SM45	Lo Re	Antonio	Stilelibero	00:00:37:12.447	4.390	00:09:34.922	
63	SM	Bartoluccio	Mirko	Runcard	00:00:37:56.690	4.440	00:10:19.164	
64	SF50	Pascone	Irene	Atletica Sciuto	00:00:38:08.439	4.460	00:10:30.913	
65	SM45	Abrescia	Giuseppe	Cosenza K42	00:00:38:10.929	4.460	00:10:33.403	
66	AM	Nasroallah	Youssef	Zagara	00:00:38:17.038	4.470	00:10:39.512	
67	SM35	Scerbo	Vittorio	Violetta Club	00:00:38:29.187	4.480	00:10:51.661	
68	SM65	Surace	Carmelo	Corri Con Noi Palmi	00:00:38:31.185	4.480	00:10:53.659	
69	SM55	Solano	Domenico	Running Palmi	00:00:38:37.685	4.490	00:11:00.159	
70	SM50	Dominelli	Domenico	Atletica Vibo Valentia	00:00:39:25.678	4.550	00:11:48.152	
71	SM40	Zaffina Zolli	Cristian	Libertas Atl. Lamezia	00:00:39:26.679	4.550	00:11:49.153	
72	AM	Frasca	Aldo	Jonica Runnig	00:00:39:36.427	4.570	00:11:58.902	
73	SM55	Libri	Diego	Atletica Sciuto	00:00:39:50.675	4.580	00:12:13.150	
74	SF60	Toma	Grazia	Atletica Sciuto	00:00:39:53.424	4.590	00:12:15.898	
75	SM65	Barbuscio	Enzo	Marathon CS	00:00:40:13.172	5.010	00:12:35.646	
76	SM45	Marciano	Francesco	Podisti Locri	00:00:40:16.671	5.020	00:12:39.145	
77	SF40	Suraci	Aganta Maria	Atletica Sciuto	00:00:40:46.417	5.050	00:13:08.891	
78	SM65	Mercatante	Antonio	Atletica San Costantino	00:00:40:55.666	5.060	00:13:18.141	
79	SF55	Neri	Angela	Atletica Sciuto	00:00:41:17.013	5.090	00:13:39.487	
80	SM65	Melissari	Antonino	Corri Con Noi Palmi	00:00:41:31.661	5.110	00:13:54.135	
81	SM45	Micelotta	Giuseppe	Jonica Runnig	00:00:41:59.657	5.140	00:14:22.132	
82	SM50	Bertone	Gianfranco	Podisti Locri	00:00:41:59.907	5.140	00:14:22.382	
83	SF45	Leonardi	Antonella	Atl. Gioia Tauro	00:00:42:19.654	5.170	00:14:42.128	
84	SF55	Di Pietro	Antonietta	Atletica Sciuto	00:00:43:01.399	5.220	00:15:23.873	
85	SM60	Ruffa	Mario	Giovanile CZ Lido	00:00:43:21.896	5.250	00:15:44.371	
86	SM70	Muzzi	Ulderico	Fiamma Atl. Catanzaro	00:00:43:52.642	5.290	00:16:15.116	
87	SM45	Napoli	Rocco Carmelo	Jonica Runnig	00:00:44:51.133	5.360	00:17:13.607	
88	SF50	De Stefano	Graziella	Violetta Club	00:00:44:53.383	5.360	00:17:15.857	
89	SF40	Pugliese	Valeria Irene	Atletica Sciuto	00:00:44:56.633	5.370	00:17:19.107	
90	SM60	Pizzuti	Pietro	Libertas Atl. Lamezia	00:00:46:18.622	5.470	00:18:41.096	
91	SM50	Croce	Antonello	Atletica Barbars	00:00:46:39.869	5.490	00:19:02.344	
92	SF45	Gallo	Tiziana	Atletica Sciuto	00:00:48:32.353	6.040	00:20:54.827	
93	SM50	Monti	Michele Francesco	Atletica Barbars	00:00:48:57.360	6.070	00:21:19.835	
94	SM75	Tripodi	Vincenzo	Atletica Sciuto	00:00:50:45.085	6.200	00:23:07.559	
95	SM50	Chirumbolo	Giuseppe	Libertas Atl. Lamezia	00:00:52:19.322	6.320	00:24:41.797	
96	SF50	Taiani	Monica	Libertas Atl. Lamezia	00:00:52:22.812	6.320	00:24:45.286	
97	SF	Stillitano	Mariangela	Atletica Barbars	00:00:54:22.305	6.470	00:26:44.779	
98	SM45	Monti	Francesco	Atletica Barbars	00:00:54:28.054	6.480	00:26:50.528	
99	SM55	Di Paola	Giuseppe	Podisti Locri	00:00:56:43.286	7.050	00:29:05.760	
100	SM75	Frangipane	Umberto	Runcard RC	00:01:00:19.756	7.320	00:32:42.230	